

MINOR IN STUDIES OF SOCIAL ISSUES IN SPORT, PHYSICAL ACTIVITY AND LEISURE

APA 4115	Sport and Identities
APA 4120	Sport and Physical Activity in Aging Populations

Total:

30 Units

The Minor in Studies of Social Issues in Sport, Physical Activity and Leisure offers an opportunity to improve your knowledge and skills in critical analysis of sport, physical activity and leisure to help you become an actor of social change in, and through, sport, physical activity and leisure. You will learn about the effect of social issues on sporting, physical and leisure practices as well as the impact of these practices on social change. In the process, you better understand how power relations are enacted in the context of sport, physical activity and leisure as well as understand how these practices become tools of social change.

This program is offered in English and in French.

Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (<https://www.uottawa.ca/administration-and-governance/academic-regulation-3-program-of-studies/>) for information on including a minor to your degree.

This program can be chosen only as a second study module as part of a 120-unit bachelor's degree that allows a minor.

Direct admission is not possible.

Compulsory Courses at the 1000 level:

APA 1302	Sociology of Sport and Physical Activity in Canada	3 Units
LSR 1100	Introduction to Leisure Studies	3 Units
LSR 1105	Leisure in Canadian Society	3 Units

Compulsory Courses at the 2000 level

APA 2302	History of Sport and Physical Activity in Canada	3 Units
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Optional courses:

18 optional course units from:	18 Units
APA 1122	Physical Activity in a Global Health Perspective
LSR 2110	Leisure : Concepts and Values
LSR 2121	Recreation and Environmental Quality
LSR 2122	Tourism
LSR 2312	Principles of Leadership in Recreation
APA 3118	Recreation, Sport and Community Development
APA 3123	Hockey and Canadian Culture
APA 3142	Sociology of Health and Physical Activity in Canada
APA 3301	Ethics in Sport, Physical Activity and Health in Canada
LSR 3105	Parks and Protected Areas
LSR 3116	Leisure Education/Counselling
APA 4101	Anthropology of Sport and Leisure
APA 4112	Political Economy of Sport and Physical Activity