MINOR IN STUDIES OF SOCIAL ISSUES IN SPORT, PHYSICAL ACTIVITY AND LEISURE

The Minor in Studies of Social Issues in Sport, Physical Activity and Leisure offers an opportunity to improve your knowledge and skills in critical analysis of sport, physical activity and leisure to help you become an actor of social change in, and through, sport, physical activity and leisure. You will learn about the effect of social issues on sporting, physical and leisure practices as well as the impact of these practices on social change. In the process, you better understand how power relations are enacted in the context of sport, physical activity and leisure as well as understand how these practices become tools of social change.

This program is offered in English and in French.

Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (https://www.uottawa.ca/administration-and-governance/academic-regulation-3-program-of-studies/) for information on including a minor to your degree.

This program can be chosen only as a second study module as part of a 120-unit bachelor’s degree that allows a minor.

Direct admission is not possible.

Compulsory Courses at the 1000 level:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>APA 1302</td>
<td>Sociology of Sport and Physical Activity in Canada</td>
<td>3</td>
</tr>
<tr>
<td>LSR 1100</td>
<td>Introduction to Leisure Studies</td>
<td>3</td>
</tr>
<tr>
<td>LSR 1105</td>
<td>Leisure in Canadian Society</td>
<td>3</td>
</tr>
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</table>

Compulsory Courses at the 2000 level

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>APA 2302</td>
<td>History of Sport and Physical Activity in Canada</td>
<td>3</td>
</tr>
</tbody>
</table>

Optional courses:

18 optional course units from: 18 Units

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>APA 1122</td>
<td>Physical Activity in a Global Health Perspective</td>
</tr>
<tr>
<td>LSR 2110</td>
<td>Leisure: Concepts and Values</td>
</tr>
<tr>
<td>LSR 2121</td>
<td>Recreation and Environmental Quality</td>
</tr>
<tr>
<td>LSR 2122</td>
<td>Tourism</td>
</tr>
<tr>
<td>LSR 2312</td>
<td>Principles of Leadership in Recreation</td>
</tr>
<tr>
<td>APA 3118</td>
<td>Recreation, Sport and Community Development</td>
</tr>
<tr>
<td>APA 3123</td>
<td>Hockey and Canadian Culture</td>
</tr>
<tr>
<td>APA 3142</td>
<td>Sociology of Health and Physical Activity in Canada</td>
</tr>
<tr>
<td>APA 3301</td>
<td>Ethics in Sport, Physical Activity and Health in Canada</td>
</tr>
<tr>
<td>LSR 3105</td>
<td>Parks and Protected Areas</td>
</tr>
<tr>
<td>LSR 3116</td>
<td>Leisure Education/Counselling</td>
</tr>
<tr>
<td>APA 4101</td>
<td>Anthropology of Sport and Leisure</td>
</tr>
<tr>
<td>APA 4112</td>
<td>Political Economy of Sport and Physical Activity</td>
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</tbody>
</table>

Total: 30 Units