This multidisciplinary minor is for students who want to explore health-related issues using the analytical lenses offered by the six disciplines that comprise the social sciences at the University — criminology, economics, political studies, psychology, social work and sociology. Indeed, each contributes to enriching students’ understanding of the complex social factors that affect health.

Professors from each discipline draw from a wealth of social-science research that reveals key insights into why some people are healthier than others, and what contributes to health improvement. In addition, the program encourages students to engage in critical dialogue about the social, economic, political, psychological and cultural dimensions of health.

This program is offered in English and in French.

**Program Requirements**

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (https://www.uottawa.ca/administration-and-governance/academic-regulation-3-program-of-studies/) for information on including a minor to your degree.

Requirements for this program have been modified. Please consult the 2021-2022 calendars (http://catalogue.uottawa.ca/en/archives/) for the previous requirements.

**Compulsory courses**

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSS 2110</td>
<td>Social Science Approaches to Health Issues</td>
<td>3</td>
</tr>
<tr>
<td>SSS 4110</td>
<td>Individual and Community Practices of Health</td>
<td>3</td>
</tr>
<tr>
<td>SSS 4120</td>
<td>A Social Analysis of the Institutions and Governance of Health</td>
<td>3</td>
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</tbody>
</table>

**Optional courses**

- 9 course units from:
  - CRM 2309 Criminal Justice and Health
  - ECO 4190 Health Economics
  - FEM 2104 Gender, (Dis)Ability and Health
  - GRT 2100 Psychosocial Aspects of Aging
  - GRT 2102 Intervention with Aging Populations
  - GRT 3102 Cognitive Aging and Dementia
  - HSS 2121 History of Health Care
  - PAP 4315 Public Policy Analysis
  - PHI 2396 Bioethics
  - POL 4162 Health Politics and Policy in Canada
  - PSY 3101 The Psychology of Death and Dying
  - PSY 3109 Social Motivation
  - PSY 3122 Human Sexualities
  - PSY 3142 Drugs and Behaviour
  - PSY 3171 Psychopathology
  - PSY 3306 Psychosocial Aspects of Health
  - PSY 4134 Community Psychology
  - SOC 2101 Sociological Approaches to Health, Illness and Medicine
  - SOC 3101 Sociology of Ethics
  - SOC 3107 Ageing Here and Elsewhere
  - SOC 3123 Sociological Perspectives on Determinants of Health
  - SOC 4139 Sociological Analysis of Social Policy
  - SRS 2398 Religion and Health
  - SVS 2125 Health and Social Inequality
  - SVS 3504 Santé mentale et service social
  - SVS 3521 Intervention dans le champ de la toxicomanie

- 6 optional course units from the list of optional courses

- 6 optional course units at the 3000 or 4000 level from the list of optional courses

**List of Optional Courses**

Choose at least two disciplines from the list of optional courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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<tbody>
<tr>
<td>ANT 3133</td>
<td>Medical Anthropology</td>
<td>3</td>
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<tr>
<td>CRM 2309</td>
<td>Criminal Justice and Health</td>
<td>3</td>
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<tr>
<td>CRM 3311</td>
<td>Mental Disorder and Justice</td>
<td>3</td>
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<tr>
<td>ECO 2110</td>
<td>Microeconomic Analysis of the Public Sector</td>
<td>3</td>
</tr>
<tr>
<td>ECO 3125</td>
<td>Introduction to Health Economics</td>
<td>3</td>
</tr>
<tr>
<td>ECO 3149</td>
<td>Cost-Benefit Analysis</td>
<td>3</td>
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