MINOR IN AGING STUDIES

The minor in Aging Studies combines the study of aging with several disciplines in social sciences, health sciences, and the arts. The program, which develops knowledge and practical skills related to aging and the elderly, is designed for students interested in health, social services, social policy and research on aging-related issues.

This program is offered in English and in French.

Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (https://www.uottawa.ca/administration-and-governance/academic-regulation-3-program-of-studies/) for information on including a minor to your degree.

Compulsory courses:
- GRT 1101 Introduction to Aging (3 Units)
- GRT 2102 Intervention with Aging Populations (3 Units)
- GRT 4103 Applied Research in Aging (3 Units)

Optional courses:
- 6 course units from: (6 Units)
  - GRT 2100 Psychosocial Aspects of Aging
  - GRT 3102 Cognitive Aging and Dementia
  - GRT 3103 Aging and Health: Social Issues
  - SOC 3118 Life course and Social Ties
- 15 optional course units from the list of optional courses (15 Units)

Total: 30 Units

List of Optional Courses

- APA 2121 Nutrition and Health (3 Units)
- GRT 3102 Cognitive Aging and Dementia (3 Units)
- GRT 3103 Aging and Health: Social Issues (3 Units)
- PHI 2396 Bioethics (3 Units)
- PSY 3101 The Psychology of Death and Dying (3 Units)
- PSY 3128 The Psychology of Ageing (3 Units)
- SOC 2101 Sociological Approaches to Health, Illness and Medicine (3 Units)
- SOC 3107 Ageing Here and Elsewhere (3 Units)
- SOC 3118 Life course and Social Ties (3 Units)
- SOC 3123 Sociological Perspectives on Determinants of Health (3 Units)
- SOC 3137 Sociology of Minority Groups (3 Units)
- SOC 4104 Family, Life Trajectories, and Society (3 Units)
- SRS 2393 Religion and Death (3 Units)
- SVS 2530 Familles, générations et service social (3 Units)
- SVS 3535 Interventions auprès des personnes en situation de handicap (3 Units)
- SVS 3590 Intervention auprès des personnes âgées (3 Units)