

# MINOR IN AGING STUDIES

The minor in Aging Studies combines the study of aging with several disciplines in social sciences, health sciences, and the arts. The program, which develops knowledge and practical skills related to aging and the elderly, is designed for students interested in health, social services, social policy and research on aging-related issues.

This program is offered in English and in French.

## Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (<http://web5.uottawa.ca/admingov/regulations.html>) for information on including a minor to your degree.

### Compulsory courses:

GRT 1101	Introduction to Aging	3 Units
GRT 2102	Intervention with Aging Populations	3 Units
GRT 4103	Applied Research in Aging	3 Units

### Optional courses:

6 course units from:	6 Units
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GRT 2100 Psychosocial Aspects of Aging

GRT 3102 Cognitive Aging and Dementia

GRT 3103 Aging and Health: Social Issues

SOC 3118 Life course and Social Ties

15 optional course units from the list of optional courses	15 Units
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Total:	30 Units
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## List of Optional Courses

APA 2121	Nutrition and Health	3 Units
GRT 3102	Cognitive Aging and Dementia	3 Units
GRT 3103	Aging and Health: Social Issues	3 Units
PHI 2396	Bioethics	3 Units
PSY 3101	The Psychology of Death and Dying	3 Units
PSY 3128	The Psychology of Ageing	3 Units
SOC 2101	Sociological Approaches to Health, Illness and Medicine	3 Units
SOC 3107	Ageing Here and Elsewhere	3 Units
SOC 3118	Life course and Social Ties	3 Units
SOC 3123	Sociological Perspectives on Determinants of Health	3 Units
SOC 3137	Sociology of Minority Groups	3 Units
SOC 4104	Family, Life Trajectories, and Society	3 Units
SRS 2393	Religion and Death	3 Units
SVS 2530	Familles, générations et service social	3 Units
SVS 3535	Interventions auprès des personnes en situation de handicap	3 Units
SVS 3590	Intervention auprès des personnes âgées	3 Units