

# MICROPROGRAM IN END-OF-LIFE STUDIES

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## Overview

The End-of-Life Studies microprogram will provide students the opportunity to acquire knowledge in the psycho-social, cultural, religious, and historical perspectives on grief, death and dying in our contemporary world. The microgram accepts students from all faculties and professional applicants working in the fields of funeral or end-of-life services. Students may later pursue studies as a palliatherapist (end-of-life doula).

## Program Requirements

The table below includes only the microprogram-specific courses. Please refer to the Academic Regulations (<https://www.uottawa.ca/about-us/policies-regulations/academic-regulations/b-2-program-studies/>) for information on the possible combinations available within the Faculty of Arts.

### Compulsory courses

SRS 2393	Religion and Death	3 Units
AHL 3180	Mindful Aging	3 Units
HSS 4107	Interdisciplinary Perspectives on Death and Dying	3 Units

### Optional courses

3 optional course units from: <sup>1</sup>		3 Units
GRT 1101	Introduction to Aging	
GRT 2100	Psychosocial Aspects of Aging	
GRT 3103	Aging and Health: Social Issues	
PHI 2386	Existentialism	
PHI 2396	Bioethics	
ANT 3133	Medical Anthropology	
PSY 3101	The Psychology of Death and Dying	
PSY 3128	The Psychology of Ageing	
IPA 2125	Positive Psychology and Spirituality <sup>2</sup>	
IPA 3101	Psychology of Spiritual Experience <sup>2</sup>	
THO 4106	The Ethics of Medicine, Sickness and Health <sup>2</sup>	

**Total:** **12 Units**

### Notes(s)

1

BREV 1100 End-of-Life Doula offered at Douglas College can satisfy this requirement.

2

This course is offered at Saint Paul University.