

HONOURS BACHELOR OF HUMAN KINETICS AND MASTER OF HEALTH SCIENCES OCCUPATIONAL THERAPY

Overview

Honours Bachelor of Human Kinetics

This program is offered in French.

The Honours Bachelor of Human Kinetics (BHK) emphasizes the social sciences aspects of physical activity, sport, active leisure and health. It provides the knowledge and skills required to play a leading role in developing, promoting and implementing programs, policies and positive lifestyle behaviours for different populations in a variety of settings. Students will have the opportunity to do experiential education internships in a community venue, or do a research project supervised by faculty. Graduates of this program will gain theoretical and applied knowledge from disciplines such as sociology, psychology, pedagogy/coaching, leisure studies and administration, as well as foundational understandings of the biophysical aspects of human movement. This program prepares students to pursue a number of job opportunities in community recreation and sport; socio-cultural studies in leisure and sport; sport and leisure management; coaching in sport; teaching in schools and other settings; sport psychology; and sport, physical activity and health consultancy.

Master of Health Sciences Occupational Therapy

This program is offered in French.

The mission of the Masters of Health Science in Occupational Therapy program at the University of Ottawa, which is offered in French, is to train competent health care professionals able to respond to the needs of the francophone population in Ontario and, more generally, to the needs of francophone communities in the bilingual and multilingual Canadian context.

Occupational therapy is both an art and a science whose aim is to prevent handicap situations, re-establish or promote occupation (everyday activities that people do), health, and well-being of individuals. Occupational therapists work in collaboration with individuals or groups of individuals to prevent or address occupational performance difficulties. Occupational performance difficulties may arise from a health condition, developmental issue, environmental obstacle or a consequence of aging. Difficulties may occur in areas of self-care, productivity, or leisure. Occupational therapists enable their clients to reconstruct their life and develop a renewed sense of self-identity and independence.

The occupational therapy program follows the standards developed by the Canadian Association of Occupational Therapists (CAOT). This allows students develop the skills and competencies needed to practice their profession upon graduation. In addition to the coursework, students complete 1,000 placement hours as required by CAOT. These mandatory

placements can take place in Ottawa-area hospitals, schools, community organizations, the interprofessional university clinic and rehabilitation centres or at locations outside the National Capital Region.

Students complete this limited-enrollment program over six consecutive terms, i.e., two years of full-time study (including placements). However, students with an undergraduate degree in occupational therapy at the time of admission can follow the accelerated program, which leads to a master's degree after one year (three terms). Students complete practical and theoretical courses, placements and on-site observation placements. Teaching activities are grouped under the following six themes:

- Theme 1: Occupational participation: interaction between the person, their occupations and their environment;
- Theme 2: Fundamental principles for the practice as an occupational therapist (being a professional);
- Theme 3: Knowledge of health conditions and interventions - occupational therapist and the team;
- Theme 4: Occupational therapy practice: assessment and intervention approaches to promote occupational participation;
- Theme 5: Critical evaluation of knowledge;
- Theme 6: Knowledge integration.

Program Requirements

Honours Bachelor of Human Kinetics

Compulsory courses at the 1000 level

APA 1522	L'activité physique dans une perspective de santé mondiale	3 Units
APA 1702	Sociologie du sport et de l'activité physique au Canada	3 Units
APA 1713	Anatomie du système locomoteur	3 Units
FRA 1710	Analyse, écriture et argumentation I	3 Units
FRA 1720	Analyse, écriture et argumentation II	3 Units
LSR 1500	Introduction à l'étude du loisir	3 Units
PSY 1501	Introduction à la psychologie : fondements	3 Units
SOC 1501	Éléments de sociologie	3 Units

Compulsory courses at the 2000 level

APA 2511	Théories de l'intervention	3 Units
APA 2520	Apprentissage et contrôle moteur	3 Units
APA 2534	Administration des services de loisir, de sport et d'activité physique	3 Units
APA 2540	Introduction au sport et à la psychologie de l'exercice	3 Units
APA 2580	Méthodes de recherche en sciences de l'activité physique	3 Units
APA 2702	Histoire du sport et de l'activité physique au Canada	3 Units
APA 2712	Physiologie de l'activité physique	3 Units
APA 2715	Introduction à la biomécanique appliquée	3 Units

Compulsory courses at the 3000 level

APA 3518	Loisir, sport et développement communautaire	3 Units
APA 3701	Questions d'éthique en activité sportive, physique et santé au Canada	3 Units
APA 3781	Mesure et analyse des données quantitatives en sciences de l'activité physique	3 Units

Optional courses

3 optional course units from:	3 Units
PHI 1501 Raisonement et pensée critique	
PHI 1770 Problèmes philosophiques liés aux soins de santé	
PSY 1502 Introduction à la psychologie : applications	
SOC 1506 Explorer la diversité au Canada	
3 optional course units in human kinetics (APA)	3 Units
27 optional course units in human kinetics (APA) at the 3000 or 4000 level	27 Units
Total:	90 Units

Master of Health Sciences Occupational Therapy

Master's with Coursework

Compulsory courses

ERG 5531 Concepts fondamentaux en ergothérapie : personne, occupation et environnement	3 Units
ERG 5532 Occupations dans une perspective développementale	3 Units
ERG 5534 Personne, occupation et environnement dans une perspective de sens et de justice occupationnelle	3 Units
ERG 5714 Principes d'évaluation et de traitement en ergothérapie	3 Units
ERG 5722 Perspectives théoriques et modèles en ergothérapie	3 Units
ERG 5741 Atteintes à la santé des enfants et approches d'intervention	3 Units
ERG 5742 Atteintes à la santé physique des adultes et approches d'intervention	3 Units
ERG 5743 Atteintes à la santé mentale des adultes et approches d'intervention	3 Units
ERG 5744 Atteintes à la santé des personnes âgées et approches d'intervention	3 Units
ERG 5754 La recherche en ergothérapie	3 Units
REA 5703 Pratiques professionnelles en réadaptation	3 Units
ERG 6551 Perspectives particulières en ergothérapie	3 Units
ERG 6715 Pratiques professionnelles avancées en ergothérapie	3 Units
ERG 6741 Intervention de l'ergothérapeute auprès des enfants	3 Units
ERG 6742 Intervention de l'ergothérapeute auprès des adultes (santé physique)	3 Units
ERG 6743 Intervention de l'ergothérapeute auprès des adultes (santé mentale)	3 Units
ERG 6744 Intervention de l'ergothérapeute auprès des personnes âgées	3 Units
REA 6503 Pratique factuelle en réadaptation	3 Units
Seminars	
ERG 6755 Séminaire de recherche	3 Units
ERG 6761 Séminaire d'intégration des acquis en ergothérapie	3 Units

Clinical placements ¹

ERG 5901 Clinical Placement in Occupational Therapy I	
ERG 5902 Clinical Placement in Occupational Therapy II	
ERG 6903 Clinical Placement in Occupational Therapy III	
ERG 6904 Clinical Placement in Occupational Therapy IV	
ERG 6905 Clinical Placement in Occupational Therapy V	
Total:	60 Units

Note(s)

¹ A minimum of 1000 placement hours must be completed over the five clinical placements.

Master's with Coursework and Research Paper

Compulsory courses

ERG 5531 Concepts fondamentaux en ergothérapie : personne, occupation et environnement	3 Units
ERG 5532 Occupations dans une perspective développementale	3 Units
ERG 5534 Personne, occupation et environnement dans une perspective de sens et de justice occupationnelle	3 Units
ERG 5714 Principes d'évaluation et de traitement en ergothérapie	3 Units
ERG 5722 Perspectives théoriques et modèles en ergothérapie	3 Units
ERG 5741 Atteintes à la santé des enfants et approches d'intervention	3 Units
ERG 5742 Atteintes à la santé physique des adultes et approches d'intervention	3 Units
ERG 5743 Atteintes à la santé mentale des adultes et approches d'intervention	3 Units
ERG 5744 Atteintes à la santé des personnes âgées et approches d'intervention	3 Units
ERG 5754 La recherche en ergothérapie	3 Units
REA 5703 Pratiques professionnelles en réadaptation	3 Units
ERG 6715 Pratiques professionnelles avancées en ergothérapie	3 Units
ERG 6741 Intervention de l'ergothérapeute auprès des enfants	3 Units
ERG 6742 Intervention de l'ergothérapeute auprès des adultes (santé physique)	3 Units
ERG 6743 Intervention de l'ergothérapeute auprès des adultes (santé mentale)	3 Units
ERG 6744 Intervention de l'ergothérapeute auprès des personnes âgées	3 Units
REA 6503 Pratique factuelle en réadaptation	3 Units
Seminar	
ERG 6761 Séminaire d'intégration des acquis en ergothérapie	3 Units
Research paper	
ERG 6999 Major Paper	6 Units
Clinical placements ¹	
ERG 5901 Clinical Placement in Occupational Therapy I	
ERG 5902 Clinical Placement in Occupational Therapy II	

ERG 6903	Clinical Placement in Occupational Therapy III	
ERG 6904	Clinical Placement in Occupational Therapy IV	
ERG 6905	Clinical Placement in Occupational Therapy V	
Total:		60 Units

Note(s)

- ¹ A minimum of 1000 placement hours must be completed over the five clinical placements.

Specific requirements for the master's program

Minimum Requirements

The pass mark in each individual course is C +. S (Satisfactory) is required for each clinical placement.

Students who fail two courses (course or clinical placement) must withdraw from the program. Students who fail only one course/clinical placement can repeat the course or the clinical placement at the next time the course is offered. Students will not be able to take the courses or clinical placements for which the failed course or clinical placement is a prerequisite. In this case, students will not be able to complete the program within the prescribed time. Failing the repeated course or clinical placement is considered a second failure.

Duration of the Program

The regular program normally runs over 6 consecutive full-time terms. Students are expected to complete all program requirements, including the Research Project (ERG 6755 or ERG 6999), within this two-year period.

Expected Professional Behaviour

As future rehabilitation professionals, occupational therapy students are required to maintain a high level of integrity as well as personal and professional ethics. The student agrees to adhere to this standard in all aspects of his program (courses, clinical placements, projects) during his interactions with colleagues, professors, clinical supervisors, clients, research participants, academic staff, etc. A list of essential skills and qualifications for occupational therapy students can be found here (http://health.uottawa.ca/readaptation/sites/sante.uottawa.ca.readaptation/files/ot_skills_attributes.pdf).

Requirements for Clinical Placements

Students must adhere to the requirements established by the Office of Risk Management (<http://orm.uottawa.ca/clinical-placement/>) (RMO) regarding immunizations, police records and any other training or information required to ensure health and safety in clinical placement settings. It is the student's responsibility to know these requirements and to abide by them.

Non-adherence to the requirements can have major consequences, including not being able to start a clinical placement and even withdrawal during a clinical placements.

Presence at the clinical placements is mandatory; the abandonment of a clinical placement already started without good reason is a failure. In accordance with the affiliation agreement between the University of Ottawa and the clinical institution: "The organization may terminate an

internship in a clinical setting and prohibit a student from continuing it if, in its opinion, the student's behavior represents a potential danger to its customers or patients or has a negative impact on their well-being or on the personnel of the organization". A student who is dismissed from a clinical placement by the clinical organization will receive a failing grade for this clinical placement.

The clinical placements take place in the Ottawa region as well as in other parts of Ontario and Canada. A student may be assigned to a local clinical placement or outside. In some cases, the Consortium National de Formation en Santé (<http://www.cnfs.ca/english/>) (CNFS) can help with travel costs for clinical placements.