HONOURS BACHELOR OF HEALTH SCIENCES AND MASTER OF HEALTH SCIENCES PHYSIOTHERAPY

Overview
The Bachelor’s and Master’s dual degree programs in Health Sciences have been designed for bilingual students from Francophone minority high schools across Canada (outside Quebec).

Honours Bachelor of Health Sciences
This program is offered in French.

The Honours Bachelor of Health Sciences program is defined by its integrative approach for studying health. Students are provided with a foundational biosciences core, research analytical skills training in a range of quantitative and qualitative methodologies within a broader interdisciplinary context of the social and environmental determinants of health. This unique academic approach allows students to discover innovative ways to examine, measure and unravel complex health problems at all life stages, in Canada and around the world.

Future health professionals will be challenged to understand biological, environmental and social factors, both in isolation and as interactive health determinants. The curriculum contains a research methodologies core to provide students with applied, quantitative and qualitative transferrable skills for post-graduate training or employment. Three thematic programming options enable students to focus their academic trajectory in Integrative Health Biosciences, Technologies and Innovation in Healthcare or Population and Public Health, gaining theoretical and applied knowledge and skills in these domains. This program also includes select opportunities to conduct a research thesis project and participate in interdisciplinary health sciences fieldwork.

Graduates will be well-prepared to undertake healthrelated MSc programs or pursue careers in public or private health agencies, non-governmental health organizations or in community health programs. Students are provided with the necessary foundation for further studies in medicine, rehabilitation studies, dentistry or pharmacy. Our interdisciplinary focus enhances the quality and maturity of future clinicians and health professionals.

Master of Health Sciences Physiotherapy
This program is offered in French.

Physiotherapy is a self-governing profession that promotes fitness, health and wellness. The profession provides frontline client-centered healthcare services to help clients maintain and improve their functional independence; and prevent and manage pain, physical limitations, disabilities, and limits to participation in their activities (Canadian Physiotherapy Association, 2000). The goal of the physiotherapy program is to train bilingual physiotherapists who can serve francophone clients in Ontario and French-speaking communities across Canada and to foster excellence in research and teaching.

The program supports a client-centered approach and focuses on integrating evidence-based results from research on clinical decision-making. The conceptual framework of the program is based on the human movement sciences (kinesiology and pathokinesiology) and the clinical sciences and incorporates the International Classification of Functioning, Disability and Health (ICF) framework as the standard for describing and measuring health and disability.

The MHSc in Physiotherapy program runs over six consecutive terms, i.e., two years of full-time study. Students must complete 60 course units and 1,025 placement hours. These mandatory placements can take place in Ottawa-area hospitals, schools and rehabilitation centres or at locations outside the National Capital Region.

The program follows the national physiotherapy curriculum guidelines established by the Canadian Council of Physiotherapy University Programs. Upon completing their education, graduates who wish to register with the College of Physiotherapists of Ontario must successfully complete the Canadian physiotherapy competency examination (Canadian Alliance of Physiotherapy Regulators).

Since the mission of the physiotherapy program is to train bilingual professionals able to serve Francophone populations, the program is only offered in French. However, assignments and exams can be written in either French or English. While French is the language of instruction, some clinical placements, however, take place in French, Bilingual and English settings. Students must therefore have a working knowledge of English.

Program Requirements
For the most accurate and up to date information on admission requirements, please visit the program prerequisites (https://www2.uottawa.ca/study/undergraduate-studies/program-prerequisites/) webpage.

Requirements for this program have been modified. Please consult the 2022-2023 calendars (http://www.uottawa.ca/academic/info/regist/1516/calendars/) for the previous requirements.

Honours Bachelor of Health Sciences

Compulsory courses at the 1000 level

- **ANP 1505** Anatomie humaine et physiologie I 3 Units
- **ANP 1506** Anatomie humaine et physiologie II 3 Units
- **BIO 1540** Introduction à la biologie cellulaire et moléculaire 3 Units
- **CHM 1711** Principes de chimie 3 Units
- **FRA 1710** Analyse, écriture et argumentation I 3 Units
- **HSS 1500** Microbiologie et immunologie 3 Units
- **HSS 1501** Déterminants de la santé 3 Units
- **PSY 1501** Introduction à la psychologie : fondements 3 Units
- **SOC 1501** Éléments de sociologie 3 Units

Compulsory courses at the 2000 level

- **HSS 2502** Communication et santé 3 Units
- **HSS 2705** Mécanismes moléculaires des maladies 3 Units
- **HSS 2721** Perspectives sociopolitiques et économiques de la santé 3 Units
- **HSS 2781** Analyse quantitative des données en sciences de la santé: variables continues 3 Units
- **HSS 2782** Analyse quantitative des données en sciences de la santé: variables catégorielles 3 Units
- **PHI 2796** Bioéthique 3 Units


This is a copy of the 2023-2024 catalog.
Compulsory courses at the 3000 level

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>HSS 3501</td>
<td>Recherche en santé : approches qualitative et quantitative</td>
<td>3</td>
</tr>
<tr>
<td>HSS 3503</td>
<td>Expérience de la maladie, de la déficience et du handicap</td>
<td>3</td>
</tr>
<tr>
<td>HSS 3506</td>
<td>Pharmacologie : Mécanismes d' action et observance de la prise des médicaments</td>
<td>3</td>
</tr>
<tr>
<td>HSS 3510</td>
<td>Épidémiologie</td>
<td>3</td>
</tr>
<tr>
<td>HSS 3703</td>
<td>Environnement et santé</td>
<td>3</td>
</tr>
<tr>
<td>HSS 3705</td>
<td>Pathophysiologie des problèmes de santé</td>
<td>3</td>
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</tbody>
</table>

Compulsory courses at the 4000 level

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSS 4501</td>
<td>Élaboration et évaluation de programmes en santé</td>
<td>3</td>
</tr>
<tr>
<td>HSS 4502</td>
<td>Origines développementales de la santé et des maladies</td>
<td>3</td>
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</table>

Optional courses

- 15 optional course units in Health Sciences from the list of optional courses: 15 Units
- 6 science optional course units offered by the Faculty of Science: 6 Units

Total: 90 Units

List of Optional Courses

- ANP 1507  Anatomie humaine et physiologie III: 3 Units
- HSS 2504  Activité humaine, travail et santé: 3 Units
- HSS 2505  Comprendre la santé mentale: 3 Units
- HSS 2516  La santé des francophones en situation minoritaire: 3 Units
- HSS 2521  Histoire des soins de santé: 3 Units
- HSS 3505  Citoyenneté mondiale et santé: 3 Units
- HSS 3507  Comprendre les signaux mesurés par des technologies de la santé: 3 Units
- HSS 3508  Prévention des maladies et promotion de la santé: 3 Units
- HSS 3509  Approches de recherche en biosciences de la santé: 3 Units
- HSS 3732  Technologie et santé: 3 Units
- HSS 4508  Méthodes d'évaluation des technologies de la santé: 3 Units
- HSS 4509  Applications en santé assistées par ordinateur: 3 Units
- HSS 4510  Santé publique et santé des populations: 3 Units
- HSS 4511  Perspectives en santé sexuelle et reproductive: 3 Units
- HSS 4512  Déterminants moléculaires de la santé et de la longévité: 3 Units
- HSS 4712  Évaluation critique et appréciation de la recherche en santé: 3 Units
- HSS 4713  Approches intégrées en biosciences de la santé: 3 Units
- HSS 4724  Thèmes choisis en sciences de la santé: 3 Units

Note(s)

1 Students must complete six clinical practicums for a total of 1042.5 hours distributed over 29 weeks as set out by the Canadian Council of Physiotherapy University Programs. Students must also complete two non-unit post-clinical placement integration activities. To participate in the clinical placements, students must provide certain documentation required by agencies, by clinical environments and by the Ontario Ministry of Health, which serve to protect clients and students alike.

Master of Health Sciences Physiotherapy

Master’s with Coursework

Compulsory Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PHT 5512</td>
<td>Anatomie fonctionnelle du système musculo-squelettique</td>
<td>3</td>
</tr>
<tr>
<td>PHT 5513</td>
<td>Biomécanique clinique</td>
<td>3</td>
</tr>
<tr>
<td>PHT 5614</td>
<td>Évaluations et interventions de base en musculo-squelettique</td>
<td>4.5</td>
</tr>
<tr>
<td>PHT 5621</td>
<td>Douleur, agents physiques et modalités thérapeutiques</td>
<td>4.5</td>
</tr>
<tr>
<td>PHT 5622</td>
<td>Fondements de la pratique au niveau du système musculo-squelettique</td>
<td>4.5</td>
</tr>
<tr>
<td>PHT 5623</td>
<td>Évaluation, diagnostic et intervention au niveau du système musculo-squelettique</td>
<td>4.5</td>
</tr>
<tr>
<td>PHT 5631</td>
<td>Fondements et pratiques au niveau du système cardiorespiratoire</td>
<td>6</td>
</tr>
<tr>
<td>REA 5703</td>
<td>Pratiques professionnelles en réadaptation</td>
<td>3</td>
</tr>
<tr>
<td>PHT 6511</td>
<td>Évaluation et intervention auprès de personnes ayant des affections multiples I</td>
<td>2.5</td>
</tr>
<tr>
<td>PHT 6531</td>
<td>Évaluation et intervention auprès de personnes ayant des affections multiples II</td>
<td>2</td>
</tr>
<tr>
<td>PHT 6532</td>
<td>Pratique clinique et enjeux professionnels</td>
<td>3</td>
</tr>
<tr>
<td>PHT 6533</td>
<td>Outils diagnostiques spécialisés en phyothérapie</td>
<td>3</td>
</tr>
<tr>
<td>PHT 6612</td>
<td>Fondements neurobiologiques du mouvement humain</td>
<td>6</td>
</tr>
<tr>
<td>PHT 6613</td>
<td>Évaluation, diagnostic et intervention au niveau du système neurologique</td>
<td>4.5</td>
</tr>
<tr>
<td>REA 6503</td>
<td>Pratique factuelle en réadaptation</td>
<td>3</td>
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</table>

Seminar

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PHT 6753</td>
<td>Séminaire de recherche</td>
<td>3</td>
</tr>
</tbody>
</table>

Clinical Placements

- PHT 5901  Stage I: 1 Unit
- PHT 5902  Stage II: 1 Unit
- PHT 6903  Stage III: 1 Unit
- PHT 6904  Stage IV: 1 Unit
- PHT 6905  Stage V: 1 Unit
- PHT 6906  Stage VI: 1 Unit

Total: 60 Units

Note(s)  ^1 Students must complete six clinical practicums for a total of 1042.5 hours distributed over 29 weeks as set out by the Canadian Council of Physiotherapy University Programs. Students must also complete two non-unit post-clinical placement integration activities. To participate in the clinical placements, students must provide certain documentation required by agencies, by clinical environments and by the Ontario Ministry of Health, which serve to protect clients and students alike.

Master’s with Coursework and Research Paper

Compulsory Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHT 5512</td>
<td>Anatomie fonctionnelle du système musculo-squelettique</td>
<td>3</td>
</tr>
</tbody>
</table>

Students who fail two courses (course or clinical placement) must withdraw from the program. Students who fail only one course/clinical placement can repeat the course or the clinical placement at the next time the course is offered. Students will not be able to take the courses or clinical placements for which the failed course or clinical placement is a prerequisite. In this case, students will not be able to complete the program within the prescribed time. Failing the repeated course or clinical placement is considered a second failure.

**Duration of the Program**

The program normally runs over 6 consecutive full-time terms. Students are expected to complete all program requirements, including the Research Project (PHT 6753) or Research paper (PHT 6999), within this two-year period.

**Expected Professional Behaviour**

As future rehabilitation professionals, physiotherapy students are required to maintain a high level of integrity, as well as personal and professional ethics. The student agrees to adhere to this standard in all aspects of his program (courses, clinical placements, projects) during his interactions with colleagues, professors, clinical supervisors, clients, research participants, academic staff, etc. A list of essential skills and qualifications for physiotherapy students can be found here (http://health.uottawa.ca/rehabilitation/sites/health.uottawa.ca.rehabilitation/files/pt_skills_attributes.pdf).

**Requirements for Clinical Placements**

Students must adhere to the requirements established by the Office of Risk Management (https://www.uottawa.ca/faculty-health-sciences/clinical-education/) (RM0) regarding immunizations, police records and any other training or information required to ensure health and safety in clinical placement settings. It is the student's responsibility to know these requirements and to abide by them.

Non-adherence to the requirements can have major consequences, including not being able to start a clinical placement and even withdrawal during a clinical placements.

Presence at the clinical placements is mandatory; the abandonment of a clinical placement already started without good reason is a failure. In accordance with the affiliation agreement between the University of Ottawa and the clinical institution: "The organization may terminate an internship in a clinical setting and prohibit a student from continuing it if, in its opinion, the student's behavior represents a potential danger to its customers or patients or has a negative impact on their well-being or on the personnel of the organization." A student who is dismissed from a clinical placement by the clinical organization will receive a failing grade for this clinical placement.

The clinical placements take place in the Ottawa region as well as in other parts of Ontario and Canada. A student may be assigned to a local clinical placement or outside. In some cases, the Consortium National de Formation en Santé (http://www.cnfs.ca/english/) (CNFS) can help with travel costs for clinical placements.