MICROPROGRAM
PSYCHEDELICS AND
SPIRITUALITY STUDIES

Overview
The microprogram in Psychedelics & Spirituality Studies is situated at
the intersection of several disciplines, including Religion, Psychology,
Anthropology, and Health. It involves the examination of the spiritual,
ritual, and therapeutic uses of psychedelics and other non-ordinary
states of consciousness, cross-culturally and throughout history. Plant
medicines have constituted an important part of humanity’s ritual and
religious traditions for millennia. The capacity of plant medicines to
evoke feelings of empathy and gratitude, as well as insight and a sense of
meaningfulness, have made them important tools for human spirituality
and wellbeing and have, in recent years, led them to become the focus of
renewed scientific interest.

Admission Requirements
Candidates are required to have a four-year Bachelor degree or an
equivalent degree/diploma to enroll in this microprogram.

Students who would like to enroll in the Psychedelics & Spirituality
Studies microprogram must contact the program director.

If you would like to enroll in a microprogram without being admitted
in a graduate studies program, send an email to the graduate
studies office (https://www.uottawa.ca/graduate-studies/contact-
info/) (artsgrad@uottawa.ca) and include the following documents:

• CV
• Copies of transcripts from all universities you have attended

Program Requirements
The 9 course units\(^1\) corresponds to the following three courses;

<table>
<thead>
<tr>
<th>Compulsory courses</th>
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<tbody>
<tr>
<td>SRS 5108 Psychedelics: Interdisciplinary Survey of Psychedelic Studies</td>
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<tr>
<td>SRS 5109 Psychedelics, Politics and Harm Reduction</td>
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<tr>
<td>SRS 5110 Sacred Plant Medicines and Spirituality</td>
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Note(s)

\(^1\) 9 course units of the Microprogram in Psychedelics & Spirituality Studies
will be recognized for the Master’s and PhD in Religious Studies.