MASTER OF PUBLIC HEALTH

Overview

Summary
Degree offered: Master of Public Health (MPH)

• Registration status option: Full-time
• Language of instruction: English
• Program options (expected duration of the program):
  • MPH (4 terms; 16 consecutive months)
  • MPH+ with 15 credits of language training (5 terms; 20 consecutive months)
• Academic units: Faculty of Medicine, School of Epidemiology and Public Health.

Program Description

Master of Public Health (MPH)
The MPH is a course-based program with an experiential learning component (Public Health Practicum) and a culminating experience (Applied Public Health Capstone Project) which demonstrates integration and synthesis of public health skills and knowledge. It is to be completed full-time over 4 terms.

The MPH builds on SEPH's existing strengths in global health, population health risk assessment, and empirical public health sciences. The content and structure of the program are also consistent with the Canadian Guidelines for MPH programs developed by the Network of Schools and Programs of Public and Population Health, the entity which represents the professional and academic public health community in Canada.

• Areas of Focus
  Students will opt into one of four areas in which to focus their learning:
  • Public Health Practice
  • Public Health Policy
  • Global Health
  • Population Health Risk Assessment.

• Enhanced Policy Training
  We are partnered with the Graduate School of Public and International Affairs so that the MPH program can offer enhanced policy training to all enrolled students, and a policy stream that is unique in Ontario. This program will create leaders in the practice of public health and in public health policy analysis.

• Program Goals
  The MPH program will produce professionals who are competent, flexible, and ready to respond to diverse and changing population, disease, and political contexts in Canada and globally. In short it will prepare candidates for meaningful professional careers in the field of public health.

  The program has three goals:
  • Prepare leaders for strong and professional public health practice and policy work in Canada and globally.
  • For graduates planning a professional public health practice career, ensure a superior understanding of the policy perspective
  • For graduates planning a public health policy career, ensure a superior understanding of the scientific evidence perspective.

Master of Public Health (MPH+)
Another feature that is unique to the uOttawa MPH is that students may elect to undertake intensive language training (15 units over 5 terms) throughout their MPH studies through the MPH+ option. This option will help MPH students improve their abilities in a second (or third) language and will help them pursue their public health career-related goals in the language of their choice.

Through our collaboration with the Official Languages and Bilingualism Institute and the Department of Modern Languages and Literatures, MPH + students may take language courses in French, English, Arabic, Chinese, German, Italian, Japanese, Russian, and Spanish.

Other Programs Offered Within the Same Discipline or in a Related Area
• Graduate Diploma in Population Health Risk Assessment and Management
• Master of Science Epidemiology (MSc)
• Master of Science Epidemiology Specialization in Biostatistics (MSc)
• Doctorate in Philosophy Epidemiology (PhD)

Fees and Funding
• Program fees:
  • The estimated amount for university fees (https://www.uottawa.ca/university-fees/) associated with this program are available under the section Finance your studies (http://www.uottawa.ca/graduate-studies/programs-admission/finance-studies/).
  • To learn about possibilities for financing your graduate studies, consult the Awards and financial support (https://www.uottawa.ca/graduate-studies/students/awards/) section.

Notes
• Programs are governed by the general regulations (http://www.uottawa.ca/graduate-studies/students/general-regulations/) in effect for graduate studies.
• In accordance with the University of Ottawa regulation, students have the right to complete their assignments, examinations, research papers, and theses in French or in English.

Program Contact Information
Graduate Studies Office, Faculty of Medicine (https://med.uottawa.ca/graduate-postdoctoral/)
451 Smyth Road, Room RGN 2016
Ottawa ON Canada
K1N 6N5
Tel.: 613-562-5215
Email: grad.med@uottawa.ca

Admission Requirements

For the most accurate and up to date information on application deadlines, language tests and other admission requirements, please visit the specific requirements (https://www.uottawa.ca/graduate-studies/programs-admission/apply/specific-requirements/) webpage.

To be eligible, candidates must:

• Honours Bachelor’s degree with specialization or major in a discipline relevant to public health (e.g., life science, health science, behavioural or social science such as psychology, economics or law or arts such as English or journalism) with a minimum average of B+ (75%), OR equivalent

Note: International candidates must check the admission equivalencies (https://www.uottawa.ca/graduate-studies/international/study-uottawa/admission-equivalencies/) for the diploma they received in their country of origin.

• Undergraduate-level bio-statistics course (such as MAT 2379) OR equivalent completed in the last 3 years or completion of the 1-week intensive Biostatistics Summer Institute offered by the School of Epidemiology and Public Health.

• Admission requirements for the Master of Public Health (MPH+), are the same as for the Master of Public Health (MPH).

Language Requirements

Applicants must be able to understand, write and fluently speak the language of instruction (English) in the program to which they are applying. Proof of linguistic proficiency may be required.

Applicants whose first language is neither French nor English must provide proof of proficiency in the language of instruction.

Note: Candidates are responsible for any fees associated with the language tests.

Notes

• The admission requirements listed above are minimum requirements and do not guarantee admission to the program.

• Admissions are governed by the general regulations (http://www.uottawa.ca/graduate-studies/students/general-regulations/) in effect for graduate studies.

Program Requirements

Requirements for this program have been modified. Please consult the 2020-2021 calendars (http://catalogue.uottawa.ca/en/archives/) for the previous requirements.

MPH

Students must meet the following requirements:

### Compulsory Courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>EPI 5240</td>
<td>Epidemiology I- Introductory Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>EPI 7184</td>
<td>Health Policy</td>
<td>3</td>
</tr>
<tr>
<td>PBH 5101</td>
<td>Population Perspectives in Public Health</td>
<td>3</td>
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<tr>
<td>PBH 5102</td>
<td>Core Functions in Public Health</td>
<td>3</td>
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<tr>
<td>PBH 5103</td>
<td>Public Health Protection</td>
<td>3</td>
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<tr>
<td>PBH 5105</td>
<td>Applied Public Health Capstone Project</td>
<td>3</td>
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<tr>
<td>PBH 5107</td>
<td>Biostatistics for Public Health</td>
<td>3</td>
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<tr>
<td>PBH 5301</td>
<td>Public Health Practicum</td>
<td>9</td>
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### Optional Courses:

9 optional course units from selected area of focus

### Seminar:

PBH 5104 Professional Skills in Public Health and Policy

### Electives:

3 elective course units from:

- API 5105 Concepts and Issues in International Affairs | 3
- API 5126 Microeconomics for Public Policy | 3
- API 5135 Ethics and Moral Reasoning for Public and International Affairs | 3
- EPI 5143 Epidemiological Research Using Large Databases | 3
- EPI 5182 Sample Survey Research Methods | 3
- EPI 5188 Health Technology Assessment | 3
- EPI 5244 Special Topics in Epidemiology | 3
- EPI 6178 Intervention Studies in Health Research | 3
- EPI 6188 Systematic Review and Meta-Analysis | 3
- EPI 7106 Qualitative Research Methods in Epidemiology | 3

### Language Training for MPH+

15 intensive language course units

Note(s)

1 A maximum of 3 course units may be selected amongst these courses.

2 Participation to the seminar PBH 5104 is mandatory.

3 The elective course units may also be selected from graduate courses offered by other departments with the approval of the MPH Program Committee.

4 In collaboration with the Official Languages and Bilingualism Institute and the Department of Modern Languages and Literature, courses may be taken in French, English, Arabic, Chinese, German, Italian, Japanese, Russian, and Spanish.

5 The elective course units may also be selected from the list of optional courses from other streams.

List of optional courses

**Public Health Practice Stream**

<table>
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<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>EPI 5183</td>
<td>Approaches to Community/Public Health Program Evaluation</td>
<td>3</td>
</tr>
<tr>
<td>EPI 5271</td>
<td>Health Promotion</td>
<td>3</td>
</tr>
<tr>
<td>EPI 6345</td>
<td>Introduction to Knowledge Translation in Health Research</td>
<td>3</td>
</tr>
<tr>
<td>PBH 5106</td>
<td>Applied Research Methods in Public Health</td>
<td>3</td>
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Research

Research Fields & Facilities

Located in the heart of Canada’s capital, a few steps away from Parliament Hill, the University of Ottawa is among Canada’s top 10 research universities.

uOttawa focuses research strengths and efforts in four Strategic Areas of Development in Research (SADRs):

- Canada and the World
- Health
- e-Society
- Molecular and Environmental Sciences

With cutting-edge research, our graduate students, researchers and educators strongly influence national and international priorities.

Research at the Faculty of Medicine

“The Faculty of Medicine has a long history of conducting both basic and clinical research of the highest quality. Many of our high profile research projects are conducted in partnership with affiliated-teaching hospitals and research institutes. These partnerships lead to biomedical discoveries that have a significant impact on health care. In the process they educate the next generation of Canadian scientists. Our research activity also attracts significant investment, which stimulates the Ottawa economy.”

- Dr. Bernard Jasmin, Vice-Dean, Research

Facilities, Research Centres and Institutes at the Faculty of Medicine

- Centre for Neural Dynamics (http://www.neurodynamic.uottawa.ca/)
- University of Ottawa Centre for Neuromuscular Disease (http://med.uottawa.ca/neuromuscular/)
- Centre for Research in Biopharmaceuticals and Biotechnology (http://www.med.uottawa.ca/crbb/eng/)

Courses

Not all of the listed courses are given each year. The course is offered in the language in which it is described.

PBH 5101 Population Perspectives in Public Health (3 units)
An overview of the history, and philosophical underpinnings of population and public health including an exploration of the determinants of health, health inequities in Canada, major public health threats in Canada and internationally, and the role of public health in addressing these. Health inequities are explored in the context of: Indigenous and Inuit populations, gender, race, languages and modes of communication, SES.

Course Component: Lecture

PBH 5102 Core Functions in Public Health (3 units)
A theoretical overview of the core functions of public health in the Canadian context including: population health assessment; public health surveillance; public health policy; program development, implementation and evaluation.

Course Component: Lecture

PBH 5103 Public Health Protection (3 units)
An overview of disease and injury prevention; health promotion; health protection and public health emergency preparedness. Topics in environmental health sciences including the principles of exposure assessment and toxicology. Introduction to communicable disease surveillance, prevention and outbreak management, and the practical application of health protection methods including ensuring the safety and quality of water, food and air. Principles of risk assessment and risk communication.

Course Component: Lecture

PBH 5104 Professional Skills in Public Health and Policy
Seminar on individual professional skills development. Topics will include ethics in public health practice; advocacy; effective oral and written communication, self-assessment, tailoring messages to specific audiences; collaboration; media training, interviewing skills, change management, conflict management, leadership, and cultural sensitivity and competence.

Course Component: Seminar

PBH 5105 Applied Public Health Capstone Project (3 units)
Students will each be given a case study so that they can demonstrate
their ability to integrate, synthesize, and apply knowledge and
competencies gained during their coursework and practicum.
Course Component: Lecture

PBH 5106 Applied Research Methods in Public Health (3 units)
The purpose of this course is to expose students to applied public health
research, and learn how to apply core epidemiological concepts to the
critical review and interpretation of findings from public health research.
The course content will focus on quantitative and qualitative study
designs frequently used in public health research, using applied examples
from the literature.
Course Component: Lecture

PBH 5107 Biostatistics for Public Health (3 units)
An introduction to concepts and methods of statistics used in public
health. Topics include descriptive statistics, basic probability theory,
estimation of parameters, testing of hypotheses by parametric and non-
parametric methods, analysis of variance, introduction to linear and
logistic regression models and to survival analysis. Theoretical teaching
is applied in discussion group activities focused on understanding
statistical analyses.
Course Component: Lecture

PBH 5301 Public Health Practicum (9 units)
A 420-hour practicum to learn how to apply public health knowledge and
skills.
Course Component: Work Term