

MINOR IN STUDIES OF SOCIAL ISSUES IN SPORT, PHYSICAL ACTIVITY AND LEISURE

The Minor in Studies of Social Issues in Sport, Physical Activity and Leisure offers an opportunity to improve your knowledge and skills in critical analysis of sport, physical activity and leisure to help you become an actor of social change in, and through, sport, physical activity and leisure. You will learn about the effect of social issues on sporting, physical and leisure practices as well as the impact of these practices on social change. In the process, you better understand how power relations are enacted in the context of sport, physical activity and leisure as well as understand how these practices become tools of social change.

This program is offered in English and in French.

Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (<https://www.uottawa.ca/about-us/policies-regulations/academic-regulations/b-2-program-studies/>) for information on including a minor to your degree.

This program can be chosen only as a second study module as part of a 120-unit bachelor's degree that allows a minor.

Direct admission is not possible.

This program cannot be combined with the Honours Bachelor of Human Kinetics.

Compulsory Courses at the 1000 level:

APA 1302	Sociology of Sport and Physical Activity in Canada	3 Units
LSR 1100	Introduction to Leisure Studies	3 Units
LSR 1105	Leisure in Canadian Society	3 Units

Compulsory Courses at the 2000 level

APA 2302	History of Sport and Physical Activity in Canada	3 Units
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Optional courses:

18 optional course units from:		18 Units
APA 1122	Physical Activity in a Global Health Perspective	
LSR 2110	Leisure : Concepts and Values	
LSR 2121	Recreation and Environmental Quality	
LSR 2122	Tourism	
LSR 2312	Principles of Leadership in Recreation	
APA 3118	Recreation, Sport and Community Development	
APA 3123	Hockey and Canadian Culture	
APA 3142	Sociology of Health and Physical Activity in Canada	
APA 3301	Ethics in Sport, Physical Activity and Health in Canada	
LSR 3105	Parks and Protected Areas	
LSR 3116	Leisure Education/Counselling	
APA 4101	Anthropology of Sport and Leisure	

APA 4112 Political Economy of Sport and Physical Activity

APA 4115 Sport and Identities

APA 4120 Sport and Physical Activity in Aging Populations

Total:

30 Units