

MINOR IN HEALTH SCIENCES

The Minor in Health Sciences provides students with an interdisciplinary health perspective to better understand the experiences of individuals and populations both in Canada and around the world. Students are exposed to the interactions of bioscience, social and environmental health determinants and their combined influences on health, disease, disability, longevity and health equity.

This program is offered in English and in French.

Program Requirements

The table below includes only discipline-specific courses. Please refer to the Academic Regulations (<https://www.uottawa.ca/about-us/policies-regulations/academic-regulations/b-2-program-studies/>) for information on including a minor to your degree.

This program can be chosen only as a second study module as part of a 120-unit bachelor's degree that allows a minor.

Requirements for this program have been modified. Please consult the 2022-2023 calendars (<http://www.uottawa.ca/academic/info/regist/1516/calendars/>) for the previous requirements.

Direct admission is not possible.

Compulsory Courses:

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| HSS 1100 | Microbiology and Immunology | 3 Units |
| HSS 1101 | Determinants of Health | 3 Units |
| HSS 2321 | Sociopolitical and Economic Perspectives in Health | 3 Units |
| HSS 3103 | Experience of Illness, Impairment and Disability | 3 Units |

Optional courses:

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| 12 optional course units in health sciences (HSS) from the list of optional courses | 12 Units |
| 6 optional course units in health sciences (HSS) at the 3000 or 4000 level from the list of optional courses | 6 Units |

Total: **30 Units**

List of Optional Courses

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| HSS 2102 | Communication and Health | 3 Units |
| HSS 2104 | Human Activity, Occupation and Health | 3 Units |
| HSS 2105 | Understanding Mental Health | 3 Units |
| HSS 2121 | History of Health Care | 3 Units |
| HSS 2305 | Molecular Mechanisms of Disease | 3 Units |
| HSS 2516 | La santé des francophones en situation minoritaire | 3 Units |
| HSS 3105 | Global Citizenship and Health | 3 Units |
| HSS 3107 | Understanding Health Technology Signals | 3 Units |
| HSS 3108 | Disease Prevention and Health Promotion | 3 Units |
| HSS 3109 | Research Approaches in Health Biosciences | 3 Units |
| HSS 3303 | Environment and Health | 3 Units |
| HSS 3332 | Technology and Health | 3 Units |
| HSS 4107 | Interdisciplinary Perspectives on Death and Dying | 3 Units |
| HSS 4108 | Methods of Health Technology Assessment | 3 Units |

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| HSS 4109 | Computer Assisted Health Applications | 3 Units |
| HSS 4110 | Population and Public Health | 3 Units |
| HSS 4111 | Perspectives in Sexual and Reproductive Health | 3 Units |
| HSS 4324 | Selected Topics in Health Sciences | 3 Units |
| HSS 4331 | International Health | 3 Units |