HONOURS BACHELOR OF HEALTH SCIENCES

The Honours Bachelor of Health Sciences program is defined by its integrative approach for studying health. Students are provided with a foundational biosciences core, research analytical skills training in a range of quantitative and qualitative methodologies within a broader interdisciplinary context of the social and environmental determinants of health. This unique academic approach allows students to discover innovative ways to examine, measure and unravel complex health problems at all life stages, in Canada and around the world.

Future health professionals will be challenged to understand biological, environmental and social factors, both in isolation and as interactive health determinants. The curriculum contains a research methodologies core to provide students with applied, quantitative and qualitative transferrable skills for post-graduate training or employment. Three thematic programming options enable students to focus their academic trajectory in Integrative Health Biosciences, Technologies and Innovation in Healthcare or Population and Public Health, gaining theoretical and applied knowledge and skills in these domains. This program also includes select opportunities to conduct a research thesis project and participate in interdisciplinary health sciences fieldwork.

Graduates will be well-prepared to undertake health related MSc programs or pursue careers in public or private health agencies, non-governmental health organizations or in community health programs. Students are provided with the necessary foundation for further studies in medicine, rehabilitation studies, dentistry or pharmacy. Our interdisciplinary focus enhances the quality and maturity of future clinicians and health professionals.

This program is offered in English and in French.

Program Requirements

Co-operative education is available with this program.

The French immersion stream is available with this program.

Requirements for this program have been modified. Please consult the 2022-2023 calendars (http://www.uottawa.ca/academic/info/regist/1516/calendars/) for the previous requirements.

Compulsory courses at the 1000 level

ANP 1105	Human Anatomy and Physiology I	3 Units		
ANP 1106	Human Anatomy and Physiology II	3 Units		
BIO 1140	Introduction to Cell and Molecular Biology	3 Units		
CHM 1311	Principles of Chemistry	3 Units		
ENG 1100	Workshop in Essay Writing	3 Units		
HSS 1100	Microbiology and Immunology	3 Units		
HSS 1101	Determinants of Health	3 Units		
PSY 1101	Introduction to Psychology: Foundations	3 Units		
SOC 1101	Principles of Sociology	3 Units		
Compulsory courses at the 2000 level				
HSS 2102	Communication and Health	3 Units		
HSS 2305	Molecular Mechanisms of Disease	3 Units		
HSS 2321	Sociopolitical and Economic Perspectives in Health	3 Units		

Categorical Variables PHI 2396 Bioethics 3 Compulsory courses at the 3000 level HSS 3101 Health Research: Quantitative and Qualitative Approaches HSS 3103 Experience of Illness, Impairment and Disability HSS 3106 Pharmacology: Mechanisms and Compliance 3 HSS 3110 Epidemiology 3 HSS 3303 Environment and Health 3 HSS 3305 Pathophysiology of Health Problems 3 Compulsory courses at the 4000 level HSS 4101 Development and Evaluation of Health Programs HSS 4102 Developmental Origins of Health and Disease 3 Optional courses 15 optional course units in Health Sciences from the list of optional courses 6 science optional course units offered by the Faculty of Science Electives	Jnits
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HSS 2381 Quantitative Methods in Health Sciences: 3 Continuous Variables	Jnits

List of Optional Courses

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ANP 1107	Human Anatomy and Physiology III	3 Units
HSS 2104	Human Activity, Occupation and Health	3 Units
HSS 2105	Understanding Mental Health	3 Units
HSS 2121	History of Health Care	3 Units
HSS 2516	La santé des francophones en situation minoritaire	3 Units
HSS 3105	Global Citizenship and Health	3 Units
HSS 3107	Understanding Health Technology Signals	3 Units
HSS 3108	Disease Prevention and Health Promotion	3 Units
HSS 3109	Research Approaches in Health Biosciences	3 Units
HSS 3332	Technology and Health	3 Units
HSS 4107	Interdisciplinary Perspectives on Death and Dying	3 Units
HSS 4108	Methods of Health Technology Assessment	3 Units
HSS 4109	Computer Assisted Health Applications	3 Units
HSS 4110	Population and Public Health	3 Units
HSS 4111	Perspectives in Sexual and Reproductive Health	3 Units
HSS 4112	Molecular Determinants of Health and Longevity	3 Units
HSS 4312	Critical Appraisal and Evaluation of Health Research	3 Units
HSS 4313	Integrative Approaches in Health Biosciences	3 Units
HSS 4324	Selected Topics in Health Sciences	3 Units
HSS 4331	International Health	3 Units
HSS 4900	Research Project	3 Units

This is a copy of the 2024-2025 catalog.

HSS 4901	Advanced Research Project	6 Units
HSS 4902	Interdisciplinary Health Sciences Fieldwork	3 Units